

Shopping List

Starter

3 x fresh soup

Cheesy croutons

3 slices of sourdough bread, cut into cubes

30ml of olive oil

80g of half fat medium cheese, grated

Bubbles

Milk Foam

200ml of milk

1 pinch of salt

Main

Your chosen cut of beef

Pack of baby carrots

50g Shallots

Carrot purée

50g of shallots, finely sliced

300g of carrots, finely sliced

200ml of carrot juice

20g of butter

100ml of water

5 sprigs of fresh thyme, de-stemmed

Mash Potato

1kg/2¼lb charlotte potatoes

1 tbsp salt

300g/10½oz cold butter, cut into cubes

warm milk, to taste

Shallot & Red Wine Sauce

250g shallots, sliced

4 tbsp olive oil

1 garlic clove, lightly crushed

sprig rosemary

5 tbsp balsamic vinegar

400ml red wine

400ml beef stock or brown chicken stock, preferably homemade

knob of butter

Dessert

Cheesecake

150 g digestive biscuit crumbs

50 g butter, melted

280 g Philadelphia Light

180 g Toblerone Milk chocolate, melted

200 ml whipping cream, lightly whipped

20 g Toblerone Milk chocolate, for shavings

Edible gold spray