

## Shopping List

### Starter

3 x fresh soup

#### Cheesy croutons

3 slices of sourdough bread, cut into cubes

30ml of olive oil

80g of half fat medium cheese, grated

#### Bubbles

#### Milk Foam

200ml of milk

1 pinch of salt

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### Main

Your chosen cut of beef

Pack of baby carrots

50g Shallots

#### Carrot purée

50g of shallots, finely sliced

300g of carrots, finely sliced

200ml of carrot juice

20g of butter

100ml of water

5 sprigs of fresh thyme, de-stemmed

#### Mash Potato

1kg/2 1/4lb charlotte potatoes

1 tbsp salt

300g/10 1/2oz cold butter, cut into cubes

warm milk, to taste

#### Shallot & Red Wine Sauce

250g shallots, sliced

4 tbsp olive oil

1 garlic clove, lightly crushed  
sprig rosemary

5 tbsp balsamic vinegar

400ml red wine

400ml beef stock or brown chicken stock, preferably homemade  
knob of butter

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### Dessert

#### Cheesecake

150 g digestive biscuit crumbs

50 g butter, melted

280 g Philadelphia Light

180 g Toblerone Milk chocolate, melted

200 ml whipping cream, lightly whipped

20 g Toblerone Milk chocolate, for shavings

Edible gold spray